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OOH LA LA, PARIS FASHION WEEK!

{page 17}

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► Romney needs a game-changer in first debate tonight with Obama

► Forget policy — winners usually emit feeling and zingers {page 11}

the word

KStew cheated on the sexiest man alive?

► Hey, at least People giving Pattinson the honor should make him feel better {page 14}

news

Rejection once again for voter ID laws

► Newest defeat comes in Pa. when judge postpones law until after election {page 08}

local

150 new cops now on NYPD gang patrol

► Street crews increasingly using Facebook, YouTube to escalate turf wars {page 02}

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New York sues JPMorgan for mortgage securities

New York Attorney General Eric Schneiderman filed a civil fraud lawsuit against JPMorgan Chase & Co. on Monday over mortgage-backed securities packaged and sold by Bear Stearns.

It was the first action to come out of a working group

created by President Barack Obama earlier this year to go after wrongdoing that led to the financial crisis.

JPMorgan, which bought Bear Stearns for \$10 a share in March 2008, said in a statement that it would contest the allegations.



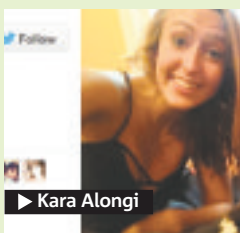
The suit accuses Bear Stearns of failing to ensure the quality of loans underlying residential mortgage-backed securities it packaged and sold in 2006 and 2007. Investors lost more than \$22.5 billion on more than 100 of those securities, or one-quarter of their

original value, the lawsuit said.

The lawsuit said there were "serious long-standing concerns" about the quality of reviews done by Bear Stearns, and that defects uncovered among the loans sold to investors were largely ignored.

REUTERS

In the news



► Kara Alongi

NJ Twitter hoax teen still missing

NEW YORK. Police are still looking for the New Jersey girl who ran away from home — and then tweeted that someone was in her house to make it look as though she had been kidnapped. Kara Alongi's Twitter following skyrocketed to 100,000 users after she asked people to call 911 on Sunday. "There is someone in my house call 911" Alongi tweeted. However, the evidence so far points toward the 16-year-old from Clark, N.J., being a runaway.

● METRO/CB

Another kind of domestic violence

NEW YORK. Manhattan Borough President Scott Stringer released a report on a little-covered area of domestic violence: economic abuse. Two survivors of economic abuse told stories about their former husbands racking up hundreds of thousands of dollars of debt in their names. Stringer has also launched an online petition pushing for city and state legislation that would expand the definition of domestic violence to include economic abuse.

● METRO/DT

In the news

Teen killed trying to break up street fight

A Bronx teenager was shot and killed breaking up a fight, according to reports. Victor Maldonado, 19, was reportedly shot as he tried to break up a fight between two people Monday night. His mother told the Daily News he planned to join the Navy and called him a "peacemaker." He was shot on the corner of Kingsbridge Road and Heath Avenue. The alleged gunman had reportedly previously served time. ● METRO/AB

In the news



Plea deal in hooker case

A woman who allegedly was one of the prostitutes in a ring helmed by Anna Gristina, above, known as the "soccer mom madam," pleaded guilty to prostitution yesterday. According to the Daily News, Catherine DeVries, 32, pleaded guilty to prostitution and will receive no jail time. Gristina also previously pleaded guilty.

● METRO/AB

NYPD beefs up gang patrols

► Street crews increasingly using social media like Facebook, YouTube to make threats and taunts ► NYPD adds 150 new officers to anti-gang unit

They taunt and threaten to kill each other on Facebook. They brag on YouTube about beating people up and post photos of witnesses they plan to intimidate.

Members of New York City's street crews are increasingly using social media as a way to boast about their exploits and scare rivals.

And in response, Police Commissioner Ray Kelly announced a plan yesterday to double the size of the NYPD's anti-gang unit.

Addressing the International Association of Chiefs of Police in San Diego, Kelly said 150 detectives will be added to the unit, increasing its strength to 300 officers, under a program he called Operation Crew Cut. The announcement comes



► Police Commissioner Ray Kelly cited an 18-percent decrease in murder as motivation for strengthening the anti-gang patrol.

Small-time neighborhood crews the problem

The commissioner said it's not exactly the large, established gangs like the Bloods and the Crips that are behind the social media terror.

Instead, he explained, it's

usually small groups of teens and young men who are territorial of the block where they reside.

"[It's] the looser associations of younger men who identify themselves by the block they live on, or on which side of a housing development they reside," Kelly said.

49

The announcement comes two weeks after the anti-gang unit arrested 49 members of warring East New York street crews Very Crispy Gangsters and the Rockstars.

Gang unit expansion meets criticism

Not everyone sees the unit's expansion as the best solution for combating gang violence. Robin Holmes-Myers is the project director for a youth violence outreach program through the New York City Mission called Operation SNUG — "guns" spelled backwards. Many of the young people

Quoted: Outreach program project director

"I don't see that as being a solution. I see that as street terrorism, in a sense. What are you helping them to do in terms of changing the mind-set?"

HOLMES-MYERS

she works with are affiliated with gangs or street crews. She said targeting them for arrest is only going to perpetuate a violent cycle, not rehabilitate

them.

Holmes-Myers said many teens join gangs for a sense of security and cops tend to stereotype street-crew members

just two weeks after the anti-gang unit arrested 49 members of the feuding East New York street crews Very Crispy Gangsters and the Rockstars. Cops were able to track them through Facebook posts bragging about crimes they allegedly committed. Kelly said sometimes gang members even posted surveillance photos of rival members they planned to target.

"For example, one gang member will post a photograph of himself in front of a rival's apartment building," Kelly said.

"Or post surveillance photographs of rivals who they threatened to kill next," he added.



CASSANDRA GARRISON
cassandra.garrison@metro.us

Group effort

► Kelly said the unit's manpower will include lawyers to coordinate arrests and prosecution, and uniformed and plainclothes officers who address gang rivalries on streets and subways.

as criminals.

Operation SNUG enlists the help of rehabilitated gang members who can relate to the situations of kids in street crews and encourage them to stay in school and pursue college and a career.

"When you provide opportunities that they haven't had because of their environment or neighborhood, then you give somebody hope that there is a way out of there," she said. ● METRO/CG

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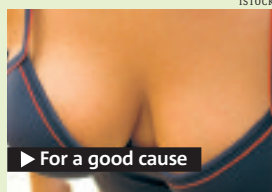
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In the news

Your 'boob' porn searches will help raise money for breast cancer

Too lazy to do a walk-a-thon for breast cancer? Want to put your horniness to good use?

In honor of October being National Breast Cancer



► For a good cause

Awareness month, adult entertainment website Pornhub.com announced yesterday that it is donating 1 cent for every 30

unique views of the site's "small tits" and "big tits" videos to breast cancer research and awareness.

Yes, really.

So that means the more breasts are viewed on the site, the more money goes to the Susan G. Komen Foundation.

Just can't wait to help out and fight breast cancer?

Go to Pornhub.com, click on either the "videos" or

"categories" tab and then select your size preference. Let the good deeds begin.

The promotion last the entire month of October.

According to Pornhub, the site gets on average 70 to 90 millions viewers per month on the "small tits" and "big tits" categories.

So yeah, you do the math. We're too busy looking at porn.

● METRO/CB

Police find guns, gator

► Brooklyn couple faces charges after NYPD raids Bensonhurst home

ALL PHOTOS: NYPD



► This 3-foot-long alligator was kept in a Brooklyn home.

A Brooklyn couple is facing a slew of charges after the NYPD discovered loaded weapons, drugs and an illegal exotic pet in their Brooklyn home.

Armed with a search warrant, officers entered the home of Michael Volpe, 32, and Alisa Volpe, 25, at 2246 West Sixth Street in Bensonhurst on Monday.

They recovered two loaded handguns, one loaded shotgun and marijuana. Officers also discovered a live 3-foot alligator the couple was keeping as a pet.

Animal control removed the reptile and the Volpes were arrested and charged with criminal possession of a weapon, criminal possession of a controlled substance and harboring a prohibitive animal in New York City.

"You never know who you're living with," the Volpes' upstairs neighbor told the New York Daily News. "This alligator thing is bugging me out. ... I never heard an alligator down there!"

CASSANDRA GARRISON
cassandra.garrison@metro.us

City critters

Monday's bizarre critter bust calls to mind previous exotic animal incidents in the five boroughs:

- On Sept. 7, cops removed a boa constrictor, five pythons, two bearded dragons, two alligators, a gecko, a scorpion and a tarantula from a Crown Heights public housing apartment.
- The NYPD said it came across the animals at the Weeksville Houses on Dean Street while executing an unrelated search warrant.
- Last August, a 10-foot python was found coiled up in the bathroom sink of a Brownsville, Brooklyn, apartment. In 2007, a 7-foot python made its way up some piping and into the toilet of a fourth-floor walkup in Cobble Hill, Brooklyn. In 2003, police found a 425-pound tiger being kept in a public housing complex in Harlem.



► A cache of loaded guns was also found at the home.

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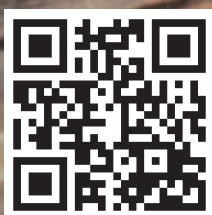
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'Overuse' of solitary confinement in NY jails?

► Report says that majority of prisoners land in isolation for minor infractions like smoking or talking back to guards ► Average stay in 'the box' is five months ► Some in for two years

One prisoner was sent to "the box" for using too many postage stamps.

Another for cutting a class, and a third for smoking in the bathroom.

All these New York prisoners ended up in solitary confinement, or what cell convicts call "the box." There, they are sentenced to sit inside, alone, for 23 hours a day.

The New York Civil Liberties Union revealed yesterday in a report that the majority of prisoners in solitary confinement in New York state end up inside "the box" for minor infractions, such as talking back to



ALISON BOWEN/METRO

Quoted

"With so little to do, your mind rots with thoughts that are uncommon or unnatural and you wonder, 'Where the hell did that come from.'"

DANIEL, 52, A PRISONER, ACCORDING TO THE NYCLU REPORT

guards or tattooing themselves.

Just 16 percent are put there for violence or weapons, according to the NYCLU.

The average stay in solitary is five months.

"It's almost cavalierly doled out," NYCLU director Donna Zimmerman said.

Sade Jackson, 26, a legal secretary, said yesterday that her 21-year-old brother has been locked in "the box" for a year now — with one year more to go — after officials said he assaulted a guard.



ALISON BOWEN
alison.bowen@metro.us

Even the state head of prisons admits 'overuse'

According to the NYCLU, New York State Department of Corrections Commissioner Brian Fischer acknowledges they may want to rethink how often they assign solitary confinement.

"I'll be the first to admit — we overuse it," he told the New York State Bar Association, according to the NYCLU.

In a statement released yesterday, Fischer said prisoners have daily interactions with staff. "As society removes those individuals who commit crimes, so too must we remove from general population inmates who violate the department's code of conduct," he added.

Fischer said the Department of Corrections started reviewing its solitary policies last month.

● METRO/AB

8

More than 8 percent of New York's prison population is isolated at any time.

4.5K

About 4,500 prisoners are in isolation on average every day.

2K

Prisoners are discharged directly from "the box" to the street each year without transitioning.

16

Percent of prisoners were sent to isolation for violence like assault or weapons charges.

13.5K

New York gave 13,500 extreme-isolation sentences last year.

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► "Air Show Philadelphia" is by Jonathan Tuazon of Old Bridge, N.J.

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In the news

Sandusky witness sues Penn State

PENNSYLVANIA. A key witness in the Jerry Sandusky child sex abuse scandal filed a whistleblower suit against Pennsylvania State University on Tuesday. Mike McQueary, a former Penn State assistant football coach who said he

saw one of the attacks, filed the civil suit in Centre County Court, according to the court's website.

Sandusky, a former Penn State assistant football coach, was convicted in June on 45 counts of child molestation. Sentencing is set for next week. McQueary lost his job after charges were filed against Sandusky last year. **REUTERS**

Rejection for voter ID again, this time in PA

A Pennsylvania judge barred the state from enforcing a Republican-backed requirement for voter photo-identification in the coming election, saying it's logistically impossible to make IDs available to everyone who needs one.

Commonwealth Court Judge Robert Simpson today said that while election officials can request an ID on Election Day, voters without one can cast ballots and have them counted. The enjoined law would have allowed voters without required ID to cast provisional ballots to be counted only if they returned with photo documentation within six days.

"I expected more photo IDs to have been issued by this time." JUDGE ROBERT SIMPSON

"I expected more photo IDs to have been issued by this time," Simpson, whose original approval of the law was rejected by the state Supreme Court, said in the 16-page ruling. "For this reason, I accept petitioners' argument that in the remaining five weeks before the general election, the gap between the photo IDs issued and the estimated need will not be closed."

Pennsylvania is the third state, following Texas and Wisconsin, where courts have rejected voter-ID laws passed by Republican-dominated legislatures since Obama's 2008 victory. Supporters of the law say they are necessary to prevent voter fraud. Opponents contend they are aimed at suppressing the votes of lower-income people and the elderly who might be more inclined to vote for Democrats. **REUTERS**

Voter laws

Thirty states in the United States have implemented laws that require identification for voting and three others, including Pennsylvania, have passed laws that are not being enforced.

Here's a sampling of voter ID laws in some of the key states and their status.

WISCONSIN
REQUIREMENTS: MUST PRESENT PHOTO ID
STATUS: TWO JUDGES IN THE STATE HAVE RULED THE LAW UNCONSTITUTIONAL, AND THE STATE SUPREME COURT HAS DENIED A FAST-TRACK APPEAL.

OHIO
REQUIREMENTS: MUST PRESENT ID, BUT NO PHOTO REQUIRED
STATUS: IN EFFECT

VIRGINIA
REQUIREMENTS: MUST PRESENT ID, BUT NO PHOTO REQUIRED
STATUS: THE DEPARTMENT OF JUSTICE GRANTED CLEARANCE OF THE LAW IN AUGUST; IT WILL BE IN EFFECT IN NOV. 2012.

TEXAS
REQUIREMENTS: MUST PRESENT PHOTO ID
STATUS: A FEDERAL DISTRICT COURT IN WASHINGTON, D.C., SHOT DOWN THE STATE'S VOTER ID LAW IN AUGUST. THE DEPARTMENT OF JUSTICE MADE THE SAME RULING IN MARCH.

FLORIDA
REQUIREMENTS: MUST PRESENT PHOTO ID AND/OR SIGNATURE CARD.
STATUS: IN EFFECT

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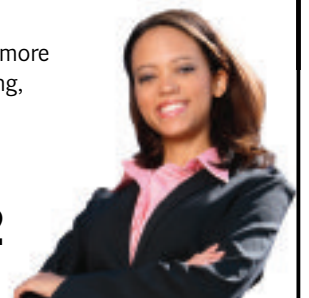
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Russia tells NATO and world to stay away from Syria



► The fighting continues in Syria between government forces and rebels.

Russia told NATO and world powers on Tuesday they should not seek ways to intervene in Syria's civil war or set up buffer zones between rebels and government forces.

Moscow further called for restraint between NATO-member Turkey and Syria, where violence along their shared border has strained relations between former allies.

Tensions have flared since a mortar round fired from inside Syria struck the territory of Turkey. Ankara has threatened to respond if the strike were repeated.

When asked by Interfax if Moscow worried whether the tense border situation could prompt NATO to intervene to defend Turkey, its easternmost member, Deputy Foreign Minister Gennady Gatilov warned against any such step.

"In our contacts with partners in NATO and in the region, we are calling on them not to seek pretexts for carrying out a military scenario or to introduce initiatives such as humanitarian corridors or buffer zones."

DEPUTY FOREIGN MINISTER
GENNADY GATILOV

Turkish Prime Minister Tayyip Erdogan, one of Assad's most caustic critics, recently lashed out at Russia for blocking efforts at the U.N. Security Council to exert pressure on Assad and said Moscow's stance allowed massacres in Syria to continue. **REUTERS**

In the news

Almost 2,400 millionaires pocketed US unemployment benefits

Almost 2,400 people who received unemployment insurance in 2009 lived in households with annual incomes of \$1 million or more,

according to the Congressional Research Service.

The report was released after about 1.1 million people exhausted their jobless benefits during the second quarter of 2012, when more than 4.6 million filed initial unemployment claims. Eliminating those payments to high earners is one idea being considered as U.S. lawmakers

struggle to curb a projected \$1.1 trillion deficit for the fiscal year that ended Sept. 30, with the nationwide jobless rate at 8.1 percent.

The reported benefits may include those received by spouses or dependents of people who made high incomes, or benefits received earlier in the year before a household member got a high-paying job. **BLOOMBERG**

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In the news

Sandusky witness sues Penn State

A key witness in the Jerry Sandusky child sex abuse scandal filed a whistleblower suit against Pennsylvania State University on Tuesday.

Mike McQueary, a former Penn State assistant football coach who said he saw one of the attacks, filed the civil suit in Centre County Court, according to the court's web-

site. Sandusky, a former Penn State assistant football coach, was convicted in June on 45 counts of child molestation. Sentencing is set for October 9.

McQueary testified that he saw Sandusky raping a boy in a football locker room in 2001 and told head coach Joe Paterno about it. Other university officials were informed of the incident but it was never reported to authorities.

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WEDNESDAY, OCTOBER 3, 2012

Opinion

SUSAN FERRECHIO

CHIEF CONGRESSIONAL
CORRESPONDENT FOR THE
WASHINGTON EXAMINER

DEFINING A PATH TO THE FUTURE

Republican presidential nominee Mitt Romney told a campaign rally crowd of thousands in this swing state Monday that he is looking forward to the upcoming debates with President Obama, calling them, "an opportunity to describe the pathway forward each of us would chose" for America.

Romney arrived in Denver late Monday, appearing at an aircraft museum to pick up an endorsement by Denver Broncos legend John Elway and to deliver a 20 minute campaign speech before heading into two days of intensive preparation for his first debate with Obama Wednesday.

"It will be like a conversation with the American people and we will get to describe our views," Romney told the crowd. Obama stopped campaigning on Sunday night and is secluded at a lakeside resort in Nevada, another swing state, cramming for his own debate performance. Romney told the crowd he is aware of the high expectations for the first of three presidential debates.

"Everybody wants to know who is going to win, who is going to score the punches," Romney said. "It's not so much winning and losing or even the people themselves, myself or the president. It's something bigger than that."

Romney backers, however, said their candidate could afford to throw a few punches to combat his image as a somewhat detached and impersonal candidate. "I hope he digs deep within himself to show his passion," Sally Johnson, a Denver retiree, told The Washington Examiner. "He holds his emotions in. He needs to show them."

Romney aides said Monday that the Republican nominee would focus in the next few weeks on winning over the so-called "soft" voters, those who may have picked a candidate but are not fully committed and can be convinced to change their minds.

Those are the very voters pollsters say can be won over with a breakout debate performance, but the

Quoted

Romney backers, however, said their candidate could afford to throw a few punches to combat his image as a somewhat detached and impersonal candidate. "I hope he digs deep within himself to show his passion," [said] Sally Johnson, a Denver retiree.



JEWEL SAMAD/AFP/GETTY IMAGES

► Voters want to see a more personal side of the Republican presidential candidate.

Romney aides said they are looking beyond just the debates to attract this part of the electorate, who, even though they represent only a few percentage points in the polls, could be decisive in a close race.

Romney incorporated the new strategy in his last pre-debate appearance Monday, telling the Denver crowd, "go out there and find one person who voted for Barack Obama, or maybe three or four or five, and convince them to join our team."

There is good reason for the Romney camp to be seeking ambiguous voters as polls show the race tightening, with the two candidates statistically tied. While Romney is hunkered down in Denver, his campaign team will keep rolling. His wife, Ann Romney, will hold a rally on Tuesday near Denver, while vice presidential nominee Paul Ryan continues on a bus tour across Iowa, another swing state.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send 100-word submissions to letters@metro.us.

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Pride & prejudice**What they're itching to brag about****Romney should discuss:**

1 His business expertise: This is a tried-and-true strategy, as evidenced by people like New York Mayor Michael Bloomberg: If he's rich, he can make us rich, too. Just no talk of outsourcing.

2 Family values. Romney will jump at the chance to make the case to conservative voters that his values are theirs — no abortion, no messing with prayer in schools, and no question that Obama is ready to dismantle those concerns at any time.

3 His hardy bootstraps. "I used to be poor, too!" As his wife Ann can tell you, the Romneys once struggled. A very long time ago.

Obama should discuss:

1 Health care. Don't forget that Obama sort of got ya'll health care. Sure, he let Congress pick through it like vultures, but by 2042 or something, you'll be able to go to a doctor.

2 Getting troops out of Iraq. Obama originally promised to get all troops out of Iraq by 2009, but the end of 2011 is basically the same thing, right?

3 Killing bin Laden. In case you haven't heard, Obama killed Osama. Singlehandedly, with his bare hands. Eat it up, bloodthirsty America.

● DANIELLE TCHOLAKIAN

Forget winning with facts; time to connect to voters

► Arguing policy is all fine and good, but real winners of presidential debates have used platform to become human ► Wit and one-liners are most important now

All eyes will be on presidential incumbent Barack Obama and Republican challenger Mitt Romney during the televised debate this evening — and viewers won't just be paying attention to what comes out of the candidates' mouths. Non-verbal communication will play just as important a role in

solidifying how viewers perceive each candidate, according to experts.

"The fact of the matter is, a body will not lie," said Sara Canuso, body language specialist and president of "A Suitable Solution," a Philadelphia-based personal image firm. "We all project through our body lan-

guage our inner thoughts and our inner actions, so you will find that it is very important. People will subconsciously look at that because we are all hardwired to form our first impression by viewing peoples' image and body language."

Canuso said those first impressions were shaped months ago on the campaign trail. "Before they speak a word, both of them already have very strong, powerful images," she said. "Take, for example, when you view Obama and Romney, they're always dressed beautifully. They're tall and they carry themselves with grace and with character. They both have a very strong presence, so they already have made their first impressions."

But first impressions can be a damning obstacle to overcome — both candidates have been roundly criticized as being aloof and dispassionate, with Obama portrayed as an imperious intellectual and Romney as a distant one percent-er. "What they'll be doing is more eye connecting," Canuso predicted.

● ALEX WIGGLESWORTH
awigglesworth@metro.us

A few tips for the candidates

OBAMA

► She recommends that Obama focus on using a more commanding tone of voice and creating more variations in his pitch to convey both leadership and empathy. She said he should also crack more smiles than usual.



ROMNEY

► She said that Romney, who faces additional pressure to "appear presidential" next to the incumbent, should connect with viewers by showing a wider variety of facial expressions and attempt to gain trust by keeping his eyes directly forward.

Experts**What will it take for Mitt to get his mojo back?**

After weeks of criticized comments and moves by Mitt Romney and his campaign, the Republican presidential nominee has some ground to make up on President Barack Obama.

But after the now infamous



Romney

"47 percent" comment, Romney's release of his 2011 tax forms and a statement viewed by some as a misstep shortly after the attacks in Libya, is there anything that can get Romney back on track with time running out before Nov. 6?

Political science experts said there is something that could help Romney, but would hurt many others: the economy.

"If Romney could gain a point and a half [in the polls] on his own, and some real bad news about the economy comes out in the next month and a half, it could tip the election to him," said Richard Semiatin, a U.S. politics professor at American University.

But not all bad news would be good for Romney.

If protests and conflicts in the Middle East worsened, Semiatin said, those events would be favorable to Obama who would benefit from a "rally-around-the-leader" mentality. He cited the release of an Osama bin Laden videotape just days before the 2004 election that is believed to have helped President George W. Bush win reelection.

Other political experts said Romney could get some help to reverse the tide of mistakes if Obama commits a big enough gaffe during the debate.

● MICHAEL NAUGHTON

"If one of them makes a big mistake, then that takes over press coverage and that will pretty much kind of swamp everything else."

PROF. THOMAS PATTERSON

Some previous game-changers

Live debates can sink a candidate, or at least provide a few soundbites to be seized on for the rest of the campaign. Here are a few debate moments that proved to be historic:

Kennedy-Nixon, 1960

The very first televised debates showed exactly how TV can help or hurt a presidential hopeful. Sen. John F. Kennedy showed up tanned and well rested. Vice President Richard Nixon was overweight from a recent injury and looked sickly.



► Bush-Clinton 1992

Reagan-Carter, 1980

Whether Americans are better off than when Obama took office may have become a catchphrase at the Republican National Convention, but Reagan also

used this question in 1980, asking, "Are you better off now than you were four years ago?"

Bush-Clinton, 1992

Even a casual glance at a

watch can imperil a campaign. President George H. W. Bush learned this the hard way in 1992, when he checked his watch during a presidential debate with Bill Clinton and Ross Perot.

Gore-Bush, 2000

Al Gore sighed multiple times during a presidential debate against George W. Bush.

Gore-Bush, 2000

Gore gets a double mention for his bad luck with debates. He kept bizarrely talking about a "lock box" in a 2000 debate. For the record, the initial "lock box" reference was to protect Medicare from being locked in a box.

● ALISON BOWEN

VP Debates: Rowdy vs. Wonky

The one and only vice-presidential debate promises to be an interesting one, featuring two candidates with contrasting styles:



VS.



► **Joe Biden** is known for his down-to-earth tone and candor, which sometimes borders on provocative, while **Paul Ryan**, the budget wonk, is seen as more measured in his approach.

► The discussion of foreign

policy should play to Biden's strength and allow him to play up the elimination of America's No. 1 threat, bin Laden. Ryan will undoubtedly look to attack the Obama Administration for its handling of the wars.

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U.S. Two Cent - 1864 Small Motto.....	Up To.....	\$1,000
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The feed ...

► Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Bette Midler is busy in the garden, Ellen Barkin is trying to be polite, Sandra Bernhard is feeling much better and Sarah Silverman is getting religious.

@BetteMidler

Oops, MIA again, upstate harvesting KALE KALE!!! It's like a WEED!! How many chips can you eat?? And let's not discuss the peppers!

@EllenBarkin

Nice to see responses from Christians whose political beliefs might be different from my own. Glad your out there.

@SandraBernhard

a little reflection does a girl good. back on the chain gang.

@SarahKSilverman

I found Jesus. He was hiding under the bed.



Ellen Barkin

THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) dorothy.robinson@metro.us

Kardashian and Lopez to be co-hosts of 'X Factor'

Ryan Seacrest is getting a little competition as host of a reality TV singing show: It was kind of announced yesterday (through TMZ; no official word has been made as of press time) that **Khloe Kardashian** and **Mario Lopez** will be the new co-hosts of "The X Factor."

Earlier reports named Kardashian as the sole host, but because of her contract with E!, there was a lot of back-and-forth; Lopez was kept on the sidelines as a backup option. Now it looks like the professional fame-seekers will share the duties.

Good on Khloe for distancing herself from the Kardashian cabal. (Heads up: Don't be surprised if you see Kardashian Kabal being used as the name of their new comforter line for Sears.) But Mario Lopez? How does this guy continue to have a showbiz career when **Lisa Turtle** does not?

Is Curry coming back to 'Today'?

Meanwhile, over at the "To-



► How will Kardashian juggle all of her reality TV duties?



► Will Lopez host with or without his shirt on?

day" show, producers are offering a huge mea culpa to fired co-anchor **Ann Curry** and thinking the unthinkable: They are going to have her back on the show on a more routine basis in order to keep the morning show's ratings from sliding any further.

"Ann Curry reported for the 'Today' show on Monday morning from the Syrian border, and she will be featured on a much more routine basis going forward for the 'Today' show," a show insider tells Radar online. "Ann is truly doing what she loves the most

now, reporting from war-torn countries and bringing viewers stories of people that are affected by the destruction in the region."

Curry coming back should help the ratings. Or, you know, just getting **Justin Bieber** to do the weather.

Pattinson is still No. 1 in hotness

Maybe this will help take his mind off the whole **Kristen Stewart** cheating scandal thing: "Twilight" star **Robert Pattinson** has been named the Sexiest Man Alive by Glamour U.K. for the fourth year in a row. The Brit-heavy list awarded "Avengers" star **Tom Hiddleston** the No. 2 spot, while **Johnny Depp**, **Michael Fassbender** and "Sherlock" star **Benedict Cumberbatch** rounded out the top five.

Well, that's depressing: If the hottest man in the world can get cheated on, what hope do the rest of us have?



Pattinson: No. 1 hottie

Talking points

No 'case closed' for Lohan, LaBella

Just because charges have been dropped against **Christian LaBella**, the 25-year-old man who allegedly assaulted **Lindsay Lohan** during a party in a New York hotel room this weekend, that doesn't mean the case is closed, according to CNN. "Cross-complaints for harassment were filed, and LaBella's assault arrest was voided after detectives investigated further," a police spokesman says, explaining

that both Lohan and LaBella have filed harassment claims against each other. Lohan claims LaBella punched and choked her during an argument over cell phone photos LaBella had taken of the actress.

Barrymore welcomes baby Olive

Drew Barrymore is a new mom, giving birth to baby girl Olive last week, according to a statement by her reps. "We are proud to announce the birth of our daughter, **Olive Barrymore Kopelman**, born Sept. 26, healthy, happy and welcomed by the whole family," the statement reads.



► Mommy Barrymore

"Thank you for respecting our privacy during this most special time in our lives." This is the first child for Barrymore and husband **Will Kopelman**, who tied the knot in June.

Scientology bending the rules for Cruise

Some members of the Church of Scientology of bristling at the special treatment they believe **Tom Cruise** is receiving in the wake of his split from **Katie Holmes**, according to Radar Online. "They have bent the rules for Tom. If Tom was any other Scientologist — including lesser celebrities — he would not be allowed to continue seeing and maintaining communication with Katie or **Suri**," former Celebrity Center president **Nancy Many** tells the website. "When every other person that I have known of leaves Scientology, which Katie did

without speaking of it directly, they are instantly shunned."

Shakira is having a baby boy

Shakira, who announced two weeks ago that she's having a baby, has gone a step further and revealed she's going to have a son. "Yes, it's going to be a boy," the singer announced during an interview with German TV station RTL. "When the baby is born, I want him to know he's helping change the world," the philanthropic pop star added. This will be the first child for Shakira and Spanish soccer star **Gerard Pique**.

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DID BACK TO WORK.
DID BACK TO BACK MEETINGS.

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A little Gaga, J.Lo and Christopher Walken for your Wednesday

1 Jennifer Lopez and her daughter **Emme Maribel Muniz** attended the Chanel Spring/Summer 2013 show as part of Paris Fashion Week at Grand Palais on Tuesday in Paris.



2 Singer **Keke Palmer** performed on BET's "106 & Park" at BET Studios on Monday in New York City.

3 **Christopher Walken** and **Sam Rockwell** arrived at the Los Angeles premiere of "Seven Psychopaths" at Mann Bruin Theatre on Monday in California.

4 Looking like "SNL" caricatures of themselves, **Donatella Versace** and **Lady Gaga** posed outside the Palazzo Versace on Monday in Milan.

5 **Andrew McCarthy** signed copies of his new memoir "The Longest Way Home" at Barnes & Noble in Los Angeles, Calif., on Monday.

6 "Pregnant in Heels" star **Rosie Pope** promoted her new book "Mommy IQ" at Bookends Bookstore on Monday in Ridgewood, N.J.



1. PASCAL LE SEGRETAIR/GETTY IMAGES
2. ANDREW H. WALKER/GETTY IMAGES
3. JEFF KRAVITZ/FILMMAGIC
4. PIER MARCO TACCA/GETTY IMAGES
5. TIBBINA HOBSON/GETTY IMAGES
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Slimane's big Paris debut

Saint Laurent

The opening girl set the tone for Hedi Slimane's debut, wearing a slim, all-black tuxedo with stovepipe pants, fitted vest, a strong-shouldered jacket and a silk shirt featuring a floppy bow at the neck.

This style was the foundation on which Slimane built half of the looks in the show, varying them slightly through the choice of fabrics, embellishments or finishes. The alternatives were silk dresses à la Rachel Zoe. Slimane then peppered the collection with sartorial homages to Saint Laurent's most iconic pieces, including the "Veruschka" safari jacket and Marrakesh caftan. Perhaps Slimane was trying to get all of the house's famed pieces out of his system in one fell swoop before moving on to something not so referential or reverential next season. Only time will tell.

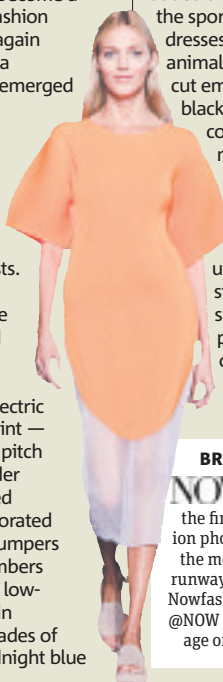
Mr. Saint Laurent famously said: "Fashion fades. Style is eternal," and Slimane certainly has style — he just needs to work on getting past the fashion. **JESSICA MICHAULT**



Review

Stella McCartney

Minimalism has become a theme of Paris Fashion Week and once again appeared at Stella McCartney. Girls emerged wearing sleek, dropped-waist dresses, boxy bomber jackets with cropped sleeves and military-inspired, belted tweed vests. Meanwhile, transparent white layering mingled with fresh, eye-popping hues of bright orange, electric blue and spearmint — and occasionally pitch black — on slender dresses. Oversized pockets and perforated inlets on round jumpers and loose-fit bombers came along with low-crotch pantsuits in monochrome shades of apple green, midnight blue



and transparent white.

Toward the end, McCartney added an element of chic to the sporty with faux-polka dresses that suggested animal prints and diamond-cut embroidery in white and black silk organzas that contrasted with the easy masculine attitude of the earlier silhouettes. Accessory-wise, McCartney adorned her looks with roomy utility bags with wide straps, oversized sunglasses and platform wedges in organic cotton.

ELISABETA TUDOR

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Get into the Pose

► New app allows sartorial-minded users to post their fashion finds on a social network ► Get the looks you see with an award-winning shop feature

We've all seen someone walking down the street wearing an amazing outfit, but couldn't build up the courage to ask where they bought it. Thankfully, we no longer have to lay awake at night thinking about it. Pose, a fashion app which was named the Apple Editor's Choice for app of the week during this fall's New York Fashion Week, is the answer to all your fashion-related prayers.

The app has evolved into an online fashion community that allows users to post "poses" of themselves that show what they're wearing and where other users can buy the items. "Posers" can look at other users and who they are following, which includes industry heavyweights like Rachel Zoe and Co-co Rocha, as well as stores like Saks Fifth Avenue, which re-

Get connected

- 1 When you create your Pose account, you can connect to other social-networking sites to find friends.
- 2 Pose then walks you through a style quiz, which tells the app about the styles you'd like to see.
- 3 You can then launch into your own stream where you can find items your friends, other bloggers and stores have posted.
- 4 Then, you can explore the activity feed, the shop feed, the popular feed and your personal inbox to shop looks and see what's new.

Quoted

"We were really interested in looking at ways in which mobile especially could disrupt the shopping and retail experience." GOULD-SIMON

leases giveaways and promotions for Pose users.

The masterminds behind the popular app are Dustin Rosen and Alisa Gould-Simon. Gould-Simon says of the app: "[It's] a personalized fashion magazine that you can shop. ... We're very inspired by and committed to the idea that fashion is democratic and should be democratic."

The app has received consistent positive feedback from users. However, what really boosted its success was the

shopping feature, which was launched during Fashion Week in September. Gould-Simon says they are constantly enhancing features to keep up with the fast-paced industry. "We have a ton of growing to do, across the board. We're looking at taking the foundation we've built — and not just adding to it, but making it better and cleaner and a more effective experience for the user."

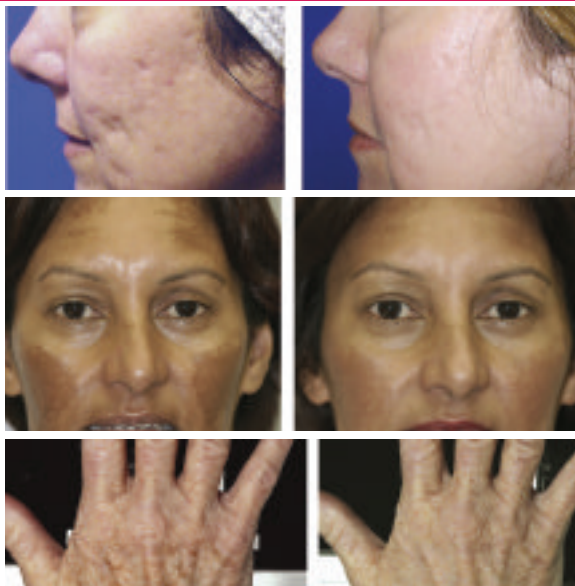
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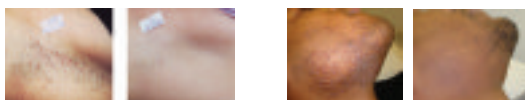
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You 'Wanna Know' Nick Waterhouse

► The California native takes a leap of faith with his debut in a stunning mix of rock, soul and punk ► You'll want his record collection — and closet

Rhythm and blues throwback Nick Waterhouse's "Say I Wanna Know" — in heavy prime-time rotation courtesy of an Acura commercial — could easily be mistaken as a lost gem of the 1950s. The slinky, horn-driven track is attention-grabbing in its uniqueness circa 2012, just as Waterhouse's penchant for Brooks Brothers shirts and horn-rimmed glasses makes him an anomaly in an era when CEOs wear Chuck Taylors and hoodies to the office.

"I guess it's like white blood cells — all of a sudden, people really notice that you stick out like a sore thumb," the Los Angeles singer says of the soulful,

"I was always really curious. I was kind of a bookworm kid."

NICK WATERHOUSE

rock-and-stomp sound found on his debut album, "Time's All Gone," released in May. "I'm just doing the same thing that Muddy Waters was doing to blues or Van Morrison was doing to soul or Elvis Costello was doing to classic pop. [The influences] filter through you and turn out a slightly different way, but you definitely hear traces of everything in there." Waterhouse says he has

"kind of always been the thumb" — "I don't really know another way," he admits — ignoring music trends in favor of learning everything he could about early rock 'n' roll, soul and jazz. (A little punk rock was thrown in there too, courtesy of his dad's Black Flag cassettes.)

"I was always really curious. I was kind of a bookworm kid," the 26-year-old explains. "I liked reading and researching, but it wasn't research to me, it was just trying to quench the really deep desire to understand the world around me."

Everything began to make a little more sense with his

mom's Van Morrison records playing in the background.

"I happened to feel more comfortable in music; I thought that music was the best way to relate to the world, so that was something that I ended up pursuing," says Waterhouse, who picked up trumpet in third grade before switching to guitar, which he continues to study and play today like a mad genius. "I could have maybe been really into something else, but I don't know," he adds. "This is just how it turned out."



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Nick Waterhouse
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On his terms

After spending his early 20s in a string of dead-end jobs and no-good relationships, Nick Waterhouse turned to music and decided to record the album he wanted, on his terms.

"I spent maybe a decade of my life being afraid of [pursuing what I really wanted]. ['Time's All Gone'] is a leap of faith record, where I was like, 'Man, I'm just gonna do this and, you know, f— it,' Waterhouse says. "I didn't care about being judged anymore."

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TV watch list

'Supernatural'

DRAMA. This monster-hunting drama moves ahead one year after Dean (Jensen Ackles) was sent to purgatory at the end of last season. He's out now — with a new vampire pal (Ty Olsson) who helped him escape. Exactly how he arrived back on Earth and what his brother Sam (Jared Padalecki) was up to during that time will play out in Season 8 through flashbacks. **Season premiere, 9 p.m., The CW**

'Key & Peele'

COMEDY. Watch the presidential debate (9 p.m., ABC, CBS, Fox, NBC), then watch Luther, Obama's Angry Translator, say everything the incumbent *really* meant. **10:30 p.m., Comedy Central**

'The Neighbors'

COMEDY. The Bird-Kersees go shopping at the mall. Aliens — they're just like us! **8:30 p.m., ABC** **AMBER RAY**

British Americana

► Neil Halstead lives the life of the loney surfer ► From Slowdive to Mojave 3 to his solo work, his songs maintain a somber, dreamlike quality

From his pedal-pushing days in the spaced-out shoegazer band Slowdive, to his more grounded acoustic-folk rebirth with Mojave 3, Neil Halstead's music has changed dramatically over his 23-year career. But whether cosmic or country, there always has been an underlying somber, soothing and dreamlike quality that links his songs together. While they were once hidden by distance and distortion, his heartstrings now ring out as if they were strung across his acoustic guitar.

"By the time I did the last Slowdive record, I was about 24," says Halstead. "Our last record is really super ambient and experimental, and everything was built on loops and



► Neil Halstead plays tomorrow night at Rockwood Music Hall and Friday at Union Hall in Brooklyn.

C BRANDON/REDFERNS /GETTY IMAGES

samples; it was a bit of a cold record. I took a break after that and I felt like I wasn't into music anymore at that point. I needed to be re-energized. Learning to play acoustic guitar and playing country songs was a way back into music for me because it was so different from what Slowdive was about."

After five records with Mojave 3 and occasional tours, Halstead took the band's breaks to focus on solo work. Even more stripped down, his

country-folk style and imagery could easily be considered Americana, except for the fact that he's British. Halstead's calm and hushed delivery evokes a sentimental reverie, sincerity and melancholy.

"Palindrome Hunches," his third solo effort, was released last month on Brushfire Records, a label run by fellow surfer Jack Johnson. Halstead's music bears little similarity to the rest of the roster. Surely the label's saddest and most intro-

spective of the surfer/songwriters; perhaps it is the cold ocean waters of his Cornwall home that gives Halstead's music such a stark realism.

"For me, songwriting is always about expressing yourself," Halstead notes. "So that's me in the song. There are songs [on the new album] that are a little darker than the songs on the last album. They all sit together in a darker space. I think that's just the way the songwriting went. They are quite

personal."

The title is a clever juxtaposition of words based on a failed attempt to write a song that is the same when read backwards and forwards.

"I don't know what it means," Halstead says with a laugh. "I guess I like that idea and its contrast to a palindrome where everything works out in the end."

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Fall recipes: The apples of our eye

An apple a day — or two — may in fact keep the doctor away. Just in time for fall, a new study reveals that this everyday fruit has some pretty extraordinary heart-health benefits. Researchers at Florida State University found that post-menopausal women who ate the dried equivalent of two fresh apples a day for six months slashed their LDL (or “bad” cholesterol levels) by al-

Joy's healthy bite



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most a quarter and lost about three pounds on average. Here are a few delicious, healthy recipes to help you get your fill of this affordable superfruit.

'Squashed' apple soup

Preheat the oven to 350 degrees. Cut a butternut squash in half lengthwise. Scoop out the seeds, mist the flesh with oil spray and sprinkle a quarter-teaspoon of kosher salt and pepper on each half. Place the squash flesh side-down in a baking dish and add half a cup of water. Bake until the flesh is fork-tender, about one hour. Once cooled, scoop out the flesh and set aside. In a large pot, sauté one diced onion in a tablespoon of olive oil until translucent, about 10 minutes.



JOHANNAH SAKIMURA

Add the squash, two chopped apples, 3½ cups of reduced-sodium chicken broth, a teaspoon of nutmeg and a bay leaf; bring the mixture to a boil. Reduce the heat and simmer 30 minutes. Cool slightly, remove the bay leaf and puree in a blender until smooth. This makes four servings.



► Looks so good, you'll be shocked to hear it's healthy!

JOY BAUER

Spiced-up applesauce

To maximize nutrition, I leave the fiber-rich peels on the fruit and avoid adding extra sugar.

Core four medium apples quarter them. In a saucepan over medium heat, combine the apples, half a cup of 100 percent apple juice and a tablespoon of lemon juice. Bring it to a boil. Turn the heat low and add a cinnamon stick, a teaspoon of freshly grated ginger and half a teaspoon of pumpkin pie spice. Simmer, covered, until the apples are soft, about 30 minutes. Remove the cinnamon stick and puree in a blender or food processor until smooth. It makes six half-cup servings.

Baked apples with oatmeal filling

Satisfy your sweet tooth with this

low-calorie dessert.

Preheat the oven to 350 degrees. Rinse, core and hollow four large apples, leaving the bottom intact to hold the filling, and place the apples in a pie pan. In a medium bowl, combine one cup of rolled oats, half a cup of unsweetened applesauce, two teaspoons of honey, one teaspoon of vanilla extract and half a teaspoon of ground cinnamon and pumpkin pie spice, plus a teaspoon of lemon zest. If desired, add two tablespoons of raisins and/or chopped walnuts. Fill each apple with the oat mixture. Bake for 40 minutes or until the sides of the apples are soft.

— For more tips on healthy eating, follow Joy Bauer on Facebook and Twitter (@joybauer) and visit www.joybauer.com.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Health notes

Prime pill picks

We're psyched about JackedPack, a delivery service that takes the guesswork out of evaluating the products in the supplement aisle. CEO Alex Lewis, a track record holder at Harvard, along with two personal trainers, test out nutritional supplements so you don't have to. They then run their findings by a team of fitness and nutrition experts to make sure they're legit, and then send the good stuff to you each month. Sign up at www.jackedpack.com.

Free classes!

Whether you're a Democrat or Republican (or neither), all parties can agree that a good workout does wonders for the mind and body. New

York Sports Club has just launched its Fit for Office workout, a mix of moves designed to get you abs like Paul Ryan's and arms like Michelle Obama's. Did we mention the class is free for everyone until the end of October? It's on Tuesdays at noon at 44th and Fifth Ave., and Fridays at 5:30 p.m. at 38th and Broadway.

Time to get sweaty

The fitness world is launching its own version of Fashion's Night Out with this Saturday's inaugural Sweaty Saturday. Everyone from Barry's Bootcamp to Bari Studio is inviting you to check out a special class and pick up some nutritional advice (and goodies!) while you're there. A portion of the day's proceeds will go to Dr. Oz's HealthCorps, which fights childhood obesity in schools. Visit www.sweatsaturday.com for the full lineup.

● METRO/ME



► Go head to head at New York Sports Club's Fit for Office class.

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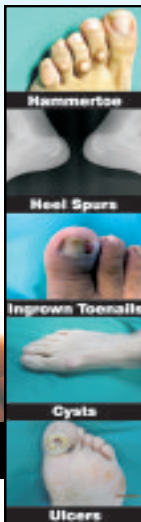
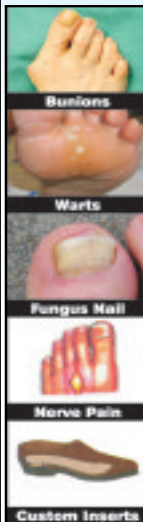
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mywellbeing

Vitamin vitals

► We break down A-K ► Do you need to take a
supplement? ► Plus: Which brands you voted best

We tend to get overwhelmed just by standing in the vitamin aisle, so we asked Joan Salge Blake, MS, RD, LDN, a spokesperson for the Academy of Nutrition and Dietetics, to break down the letters for us.

Vitamin A: "This is needed for vision, cell differentiation and a healthy immune system," Salge Blake says. "You can get vitamin A from beta-carotene, which is found in carrots, cantaloupe and a lot of plants. Beta-carotene gives you a two-for-the-price-of-one effect, because it's a disease-fighting antioxidant, too."

Vitamin B: "There are multiple Bs and they're involved in metabolism and energy production. They also protect the nerves and prevent anemia," Salge Blake adds. "Pregnant women and women of child-bearing age need adequate folic



A, B, C, D, E —
what's the
difference?

acid [to support spine and brain development]. Older people produce less hydrochloric acid in their stomachs and can't process B12 properly. Vegans need a B12 supplement, because it's only found in meats." **Vitamin C:** "C is one of the most overused supplements," she says. "People think that because the body excretes excessive vitamin C in the urine that

you can't overdo it. But too much of any vitamin can be problematic. With all vitamins, I say, 'Some is good, more is not necessarily better.'"

Vitamin D: "This is essential for bone health. We get it through sunshine, but baking in the sun causes skin cancer. ... People who spend a lot of time indoors or who don't drink milk might need a supplement."

Vitamin E: "We know it best as an antioxidant. It protects cell membranes. We get it from a lot of vegetable oils and nuts."

Vitamin K: "This is the blood-clotting vitamin," Salge Blake says. "It's found in green vegetables, and if you eat the recommended four and a half cups of fruit and vegetables a day it should fulfill your needs."



LINDA CLARKE
letters@metro.us

Top-rated

Top-rated supplement brands
on consumer satisfaction:

- Catalogue/Internet brand: Swanson
- Direct-selling (MLM) brand: Nutrilite
- Discount/warehouse brand: Kirkland (Costco)
- Grocery store brand: Trader Darwin (Trader Joe's)
- Health care practitioner brand: Pure Encapsulations
- Health food store brand: Nutricology
- Mass market multicategory brand: Biotivia
- Mass-market single-category brand: Citracal
- Pharmacy brand: CVS
- Vitamin store brand: Vitamin World

Source: Consumerlab.com

Did you know?

Taking a vitamin D supplement with your day's biggest meal may increase your body's ability to absorb it, says Consumerlab.com.



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Jets owner busy with Romney, not team

Jets owner Woody Johnson, in an appearance on Bloomberg Television's "Market Makers" on Monday, didn't exactly giving a ringing endorsement of starting quarterback Mark Sanchez. Maybe that's because all his endorsement effort is currently being used up on the presidential election.

Johnson, one of the biggest

fundraisers and supporters of Republican presidential candidate Mitt Romney, told the show that the election and not his 2-2 Jets are his priority right now. When asked whether the election or his team was more important, Johnson didn't even flinch.

"I think you have to always put your country first so I



▶ Johnson

think it's very, very important that not only for us but also for our kids and grandkids that this election come off with Mitt Romney and [Paul] Ryan as president and vice president," Johnson said.

When asked about his current quarterback situation, Johnson wasn't ready to join the crowd wanting to bench

Sanchez, but he also didn't shut the door on the notion either.

"It doesn't mean that Tim Tebow is starting next week but it's a question that's going to be asked more frequently if this progresses because this is unacceptable playing," said Johnson. "We let our fans down." ● KRISTIAN DYER

3

In the news

Banuelos out for a year after Tommy John

Manny Banuelos, the Yankees' top pitching prospect, will undergo Tommy John surgery and miss all of the 2013 season, the team announced yesterday. The Yankees shut him down in May with a sore elbow and he didn't pitch for the rest of the season. Before the injury, Banuelos was expected to challenge for a spot in the rotation as early as next season.

● METRO

In the news



NHL bargaining

Yesterday marked another meeting between the NHL and its players' association and another day of bad news.

NHL deputy commissioner Bill Daly called the talks "not overly encouraging" and said no progress was made on substantive issues.

With the talks breaking off again, it appears likely the NHL will start cancelling regular-season games.



▶ Williams

Nets getting used to new faces, places

The Nets talked about being a championship team at their media day session on Monday. Yesterday, they got on the court for the first time as a unit.

Point guard Deron Williams joked on media day it would take "8.2 days" for the team to jell, and while the fears may be overstated, being a championship contender will take some getting used to. After all, the Nets are just three years removed from a 12-win season.

"There's no negative body language," said Joe Johnson, who was acquired from the Hawks this offseason. "There's no frustration with the roster. There's no frustration with losing. It's all new. [Williams] had a lot of pressure on him in terms of free agency. That's not there [anymore]."

Johnson is just one of the new names on the roster. Only six players remain from last year, and two of those players are Gerald Wallace, who only played 16 games for the Nets, and Brook Lopez, who was injured and missed all but five games. ● METRO



▶ Amar'e Stoudemire, 29, Jason Kidd, 39, and Carmelo Anthony, 28, are part of a Knicks roster that is the oldest in the NBA.

ONLY A NUMBER

► Knicks surprised by all the questions about age ► Woodson says he'd rather coach veterans than youngsters ► Cites Dallas championship team

The Knicks believe age is just a number and are determined to beat that into doubters' minds as they embark on the new season.

The team officially opened camp yesterday, and while they still didn't want anything to do with the Jeremy Lin topic, they also seemed taken aback by jokes about the collective age of their team.

"I've experienced it in Atlanta," said head coach Mike Woodson. "And even though it was a wonderful run taking 18-, 19-, 20-year-old men and trying to develop them into big-time players, that was fun,



"We had a lot of young guys last year and we were kind of all over the place."

TYSON CHANDLER, CENTER

but with a veteran team like this, it's going to make life that much more easier [be-

cause] they've been around and know how to play.

"When Dallas won it [in 2010-11] they were right at 29, 30 years of age. We're at 31 or 32, somewhere in that area, but it's not that big a difference," Woodson said. "I'll take a veteran anytime. It's no knock on young guys, but with young guys it takes a while."

Tyson Chandler played with new Knicks guard Jason Kidd, 39, during Dallas's championship run and said there isn't much difference in him two years later.

"Jason Kidd can still play at a high level," said Chandler.

"All these guys bring a different element to this team that we didn't have last year. We had a lot of young guys last year and we were kind of all over the place. Yeah, it was exciting but it wasn't consistent."

Woodson noted he won't run the team into the ground with an inordinate amount of practice time, particularly the old camp tradition of double-sessions.

"We're done with two-a-days," Woodson said. "I just don't believe in it."



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Legal Notices

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OF **LENOX AVENUE DEVELOPMENTS LLC**
Art. of Org. Filed with the Secy. of State of New York (SSNY) on March, 26, 2012 Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Lenox Avenue Developments LLC % Eric Curtis 360 Furman Street Suite 416, Brooklyn, NY 11201. Purpose any lawful activity.

NOTICE IS HEREBY GIVEN
that a license, serial # 1266056, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 1728 2nd Ave., NY, NY 10128. New York County, for on-premise consumption. Anzueto Corp.

NOTICE IS HEREBY GIVEN
that a license, number 1264419 for a Restaurant Wine has been applied for by the undersigned to sell Beer and Wine at retail in a Restaurant under the Alcohol Beverage Control Law at 307 5th Ave., New York, NY for on-premises consumption. JHK Holding LLC.

NOTICE IS HEREBY GIVEN
that a license, number 1265826 for a Restaurant Wine has been applied for by the undersigned to sell Beer and Wine at retail in a Restaurant under the Alcohol Beverage Control Law at 41-22 162nd St., Flushing, NY for on-premises consumption. Kimchayul BBQ Corp.

NOTICE IS HEREBY GIVEN
that a license, number 1266180 for an On-Premises has been applied for by the undersigned to sell Beer, Wine and Liquor at retail in a Restaurant under the Alcohol Beverage Control Law at 38-07 Broadway, Astoria, NY for on-premises consumption. Raquel Restaurant Corp.

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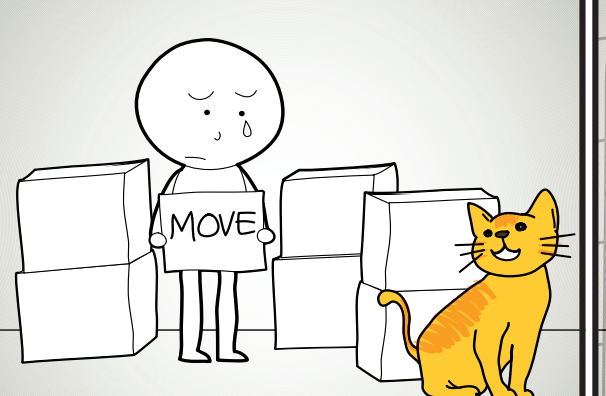
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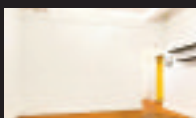
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Market watch



CHEAPEST \$175K

135 W. 115th St.
The cheapest unit to hit the market this week is a pre-war one-bedroom at 135 W. 115th St. This co-op in an elevator building, subject to HDFC income restrictions, is listed by Douglas Elliman for \$175,000.



PRICIEST \$48.75M

21 Beekman Pl.
The most expensive property listed this week is a six-bedroom townhouse at 21 Beekman Pl. Designed and occupied by architect Ellen Biddle Shipman, this 7,000-square-foot property is listed by Brown Harris Stevens for \$48,750,000.



StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.

The Oro at 306 Gold Street is a prominent and stylish new building in downtown Brooklyn. The Oro's elegant condominiums feature floors of sustainable hard wood, sleekly designed modern kitchens & baths, and floor-to-ceiling windows. While 90% of The Oro's homes are sold, select opportunities remain. These include studios so spacious that they easily convert into one-bedrooms, and a selection of two-bedroom homes with sweeping city views. Residents of the glass and brick high-rise enjoy the following amenities: 24-hour doorman, a two-story fitness center with basketball and racquetball courts, a mahogany-walled lounge with wet bar and billiards, and a large screening room with theater seating. **Rose Associates** is handling sales at Oro and the sales office can be reached at **(888) 806-3365**.



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Finally time to winterize

► It's the season to take care of the nooks and crannies that let heat out and let cold in ► Small improvements will cost you now, but save you in the long run ► And there's that old furnace, both scary-looking and costly

Time to haul those air-conditioning window units back to the basement and prepare your space for the deep freeze. This year, think about how you can better winterize your home or apartment with just a few inexpensive alterations. The key to being able to stay warm, reduce heat bills and stay within your budget is simplicity.

1 Change the setting on your ceiling fan

This is the quickest fix imaginable: Just flip your ceiling fan to reverse. There's typically a small button on the unit that does this. Adjust this so that the blades move in a clockwise rotation. That will push down and recirculate warm air.

2 Creatively cut drafts

A draft snake is a very basic tool that's like a warrior against the cold. This unassuming tube of insulation rests at the bottom of your doors and greatly reduces any draft



► These windows need to be winterized.

sneaking into your home. Plus it's a quick project for anyone even slightly adept in crafting.

3 Get that furnace up-to-date

Just like we need to go to the doctor for routine checkups, furnaces need to be serviced yearly. Helpful hint: Ask your maintenance person to clean the ducts in your furnace. This will ensure proper use and guarantee that you won't be working your furnace overtime.

4 Install storm windows

If you're willing to splurge a little on your projects, installing storm windows is one of the most efficient ways of keeping warm air in and cold air out. These energy savers do an incredible job of sealing

all drafts around the window. Remember, you get what you pay for — so shop around for the best deals on quality brands. Ask your home improvement store if they offer home installation, too, as it can sometimes be a daunting task.

5 Prepare for an emergency

Here's hoping we're not in for a long, mean winter full of downed tree limbs and power shortages. But we have seen it in the past, so make sure to have an emergency kit in your home. It should include basic first-aid supplies, candles, matches, batteries, bottled water and canned goods.



JULIA WEST
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RED HOOK IS RED HOT

► The waterfront neighborhood has a burgeoning restaurant and cultural scene ► But it's still not a prime residential area ► Why housing prices are rising anyway

Since June 2008, NYC residents have rented cars, taken ferries or ridden buses to Ikea in Red Hook — venturing to one of New York's classic neighborhoods purely as means to an end. Over the last few years the list of neighborhood attractions such as Red Hook Flicks and restaurants like the Red Hook Lobster Pound have made the area even more of a destination. But before you start researching apartment listings, Red Hook's limited transportation options keeps it from seeing the transient foot traffic of its neighbors in south Brooklyn — where real estate values are climbing. So while Red Hook may have the all the hype of “the next hot area,” zoning laws and its lack of transportation solidifies the area mainly as a place to visit.

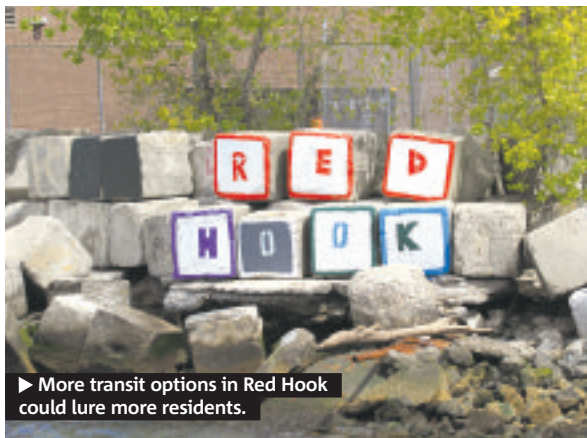
Like many other waterfront neighborhoods along the coast of Brooklyn and Queens, Red Hook has historically been zoned for commercial use. A majority of the real estate stock is taken by warehouses and loft spaces, which in turn are used by artists seeking affordable places to call home.



► Take in views of the Statue of Liberty, Governor's Island and the Manhattan skyline from Red Hook.

\$609

Median price per square foot for a home in Red Hook in September 2012, up 29 percent from 2011.

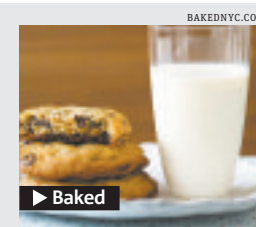


► More transit options in Red Hook could lure more residents.

While this does not seem like a far cry from the Williamsburg model for growth, the lack of zoning change has kept an influx of residential housing stock away. Instead of condo towers, classic two-family row homes have adorned the streets for decades.

It isn't surprising, then, to hear that a lack of new housing is increasing the demand for what's already there. According to StreetEasy.com, the median price per square foot for a home in Red Hook in September 2012 was \$609, which is 29 percent higher than the \$472 median in the same month of 2011 and a 44-percent increase from the price of \$422 in 2010. Brokers from all over NYC are taking note of this demand, but locals don't want this to change the flavor of this historic area.

“An eclectic group of people live there and still have families that have been there a long time,” explains Victoria Hagman, a resident of the area and the founder/president of Realty Collective, the only brokerage office to maintain a storefront in Red Hook. “As a resident, I don't want development to change the character of the neighborhood.”



► Baked

If you're thinking of Red Hook, get ready to:

DRIVE: With few subway lines and constant complaints about bus service, having a car may be the best way for you to get around. “Everyone is upset about the B61 bus; it hasn't improved and it's unreliable,” explains Hagman. “Having a car improves your quality of life.”

EAT: The Red Hook restaurant scene has been booming over the past few years. The upcoming Taste of Red Hook food festival on Oct. 23 will highlight local favorites such as Baked, The Good Fork and Defontes sandwich shop. Proceeds benefit the Red Hook Initiative, and tickets can be purchased through www.rhcenter.org.

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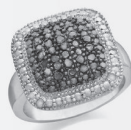
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The economic cost of untreated mental illness in the United States is more than \$100 billion yearly.

Do you know the symptoms of depression?

- ☐ A persistent sad, anxious or "empty" mood
- ☐ Sleeping too little, early morning awakening, or sleeping too much
- ☐ Reduced appetite and weight loss, or increased appetite and weight gain
- ☐ Loss of interest or pleasure in activities once enjoyed
- ☐ Restlessness or irritability
- ☐ Difficulty concentrating, remembering or making decisions
- ☐ Fatigue or loss of energy
- ☐ Persistent aches or pains, headaches, cramps or digestive problems that do not ease even with treatment
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Remember that mental illnesses are serious medical conditions that can't be overcome through will-power and aren't related to a person's character or intelligence.



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1 in 4 people
will develop a mental
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